

ADVANCED PRACTICE ESTHETICIAN SPA MENU

Spa Services are performed by Advanced Practice Esthetician students, as training experience, with the supervision of a licensed instructor. Appointments include consultations, consent forms, skin analysis and treatment. We reserve the right to decline any service.

Micro Needling

\$90

This safe and effective treatment uses extremely fine surgical steel needles to infuse active ingredients deep into the skin. Enjoy an immediate increase in hydration and reduction in pore size appearance. Over time, see a decrease in fine lines and wrinkles while increasing firmness. Best results are seen in a series of 3-5 treatments. Includes LED light therapy.

Chemical Peel

\$55

PCA Skin chemical peels are a self-neutralizing chemical advanced exfoliation procedure that will leave you with minimal down-time. The strength and depth of the treatment are controlled by the trained professional based on the number of layers applied during treatment. After peel application, nutritive topicals and calming, broad spectrum SPF products are applied, and the patient leaves with a glowing, healthy complexion. This makes the experience more relaxed and pleasant for the patient. Ultimate results will be seen with a series of 3-5 treatments.

Advanced Exfoliation Facial

\$50

Choose one of the following advanced exfoliation options to enhance product penetration and leave with a glowing, radiant complexion.

Microdermabrasion

A mechanical exfoliation that uses a diamond tip wand with suction. This treatment removes dry, dehydrated skin, retexturizes fine lines, minimizes appearance of pore size, and promotes elasticity and overall healthy skin.

Dermaplaning

A manual form of advanced exfoliation using a surgical blade to rid the skin of dead dry skin cells to reveal a smoother, brighter complexion. A benefit of dermaplaning is the removal of "peach fuzz" hair.

Electrotherapy Treatment Facial

\$40

This 60-minute facial includes lymphatic drainage, one treatment mask, and any of the following electrotherapy modules will be incorporated as time allows.



Minnesota State
Community and Technical College

M STATE SPA HOURS

September-December
Monday-Thursday
8:30 a.m.-2:30 p.m.

Call 218.631.7880 for
an appointment.



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Minnesota State Community and Technical College,
a member of Minnesota State, is an affirmative action,
equal opportunity educator and employer.

High Frequency

This treatment is extremely nourishing and beneficial to all skin types, especially aging, rosacea and acne-prone skin types. A controlled amount of oxygen is generated at optimal levels on the skin for maximum benefits.

Microcurrent

Facial toning uses low levels of safe, painless electrical impulses to re-educate facial muscles and improve circulation to stimulate production of collagen, improving elasticity. See immediate lifted, firmed, and toned results. Often referred to as the "red carpet facial". (Results may vary and are not permanent)

LED Light Therapy

LED light therapy is a non-invasive and painless cosmetic treatment that uses specific wavelengths of light to improve the appearance of the skin. Research has shown that this treatment can increase collagen production, kill acne bacteria, improve skin tone, texture, and clarity, reduce inflammation, speed wound healing, and produces other anti-aging benefits.

Ultrasonic Skin Scrubber

An ultrasonic facial is a cosmetic procedure in which sound waves are used to penetrate the skin and the energy from the sound waves stimulate cell repair and growth and increase blood circulation. Ultrasonic facials also tone and tighten the facial skin and can be used to treat the signs of aging. It is widely used and quite effective.

FACIAL ADD ON'S

Chemical Peel/Enzyme Treatment **\$35**

Additional Mask/Detoxifying Pore Treatment **\$10**

Neck and Décolleté Treatment **\$20**

SPA BODY TREATMENTS (PRICING VARIES)

Smoothing Body Peel

Microdermabrasion-Hands, Back, Arms, Legs or Feet



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