

**INDEPENDENT STUDY REFRESHER COURSE
for
LICENSED PRACTICAL NURSES
(Arkansas)**



Minnesota State
Community and Technical College
Custom Training Services

**1900 28th Ave. So.
Moorhead, MN 56560**

GENERAL COURSE INFORMATION

CONTACT HOURS EARNED

160 FOR AR LPN REFRESHER STUDENTS

COURSE FEE

\$1095: This includes the initial criminal background study fee and liability insurance. A criminal background study will need to be initiated by the college prior to starting clinical. A form is mailed to the student upon course enrollment to gather data to begin this process. This study is initiated by the college and completed through the State's Department of Justice. There will be an additional \$9.10 fee that the student will pay at the fingerprinting agency. Further instructions will be emailed to the student regarding the background study process and completion deadline.

Course fee is payable by cash, check, or credit card. Send payment with application form. Instructions on how to gain access to the online course will be emailed to the student.

NURSE'S LIABILITY INSURANCE

Nurse's liability insurance is included in the above fee; however, if not acceptable by the chosen clinical site, a student will need to purchase a separate policy prior to beginning the clinical experience. Coverage must be for \$2,000,000 per occurrence/\$6,000,000 per aggregate.

**For more course information or
information on how to register, call:**

Karen Stenstrom, RN
Director of Health Training
(218) 299-6586 Phone
(218) 291-4267 Fax

E-mail address: karen.stenstrom@minnesota.edu
www.minnesota.edu/wds

COURSE OUTLINE

A. Course Title

Independent Study Refresher Course for Arkansas Licensed Practical Nurses

B. Course Description

The purpose of this course is to provide an opportunity for exposure to current nursing theory and practice as it relates to the role of the licensed practical nurse as a member of today's health care system. This course will also enhance preparation of the nurse for the orientation program of an employing agency.

C. Total Course Hours

Theory - A minimum of 80 hours will be spent completing the online theory component of the course.

Clinical - A minimum of 80 hours of supervised clinical will be required to be completed in an Arkansas clinical facility. **Students must secure the facility for the clinical rotation in/near their home community.**

*It is recommended students complete the entire course within 12 months. If deemed necessary, arrangements can be made to extend the completion date on an individual basis with prior approval from the course coordinator. An additional fee of \$250 will be required for the 3-month extension that immediately follows the original 12 months.

D. Overall Course Objectives

At the conclusion of this course, the nurse will be able to:

1. Define the Standards of Practice for the Registered Nurse, Licensed Practical Nurse, and role of Unlicensed Assistive Personnel, including regulations as stated in the State of Arkansas Nurse Practice Act.
2. Identify and describe ethical, legal, and professional issues in health care.
3. Use effective communication strategies in nursing care delivery (i.e., documentation, care planning, reporting).
4. Discuss the various methods of nursing care delivery, and the role of the nurse and nurse assistant.
5. Define the concepts of health, wellness, health promotion, illness prevention, and patient education.
6. Utilize the nursing process as it relates to the Scope and Standards of Practice for Licensed Practical Nurses.

7. Explain the concept of quality assurance and its aim and purpose in nursing.
8. Describe the characteristics of the current health care delivery systems that impact safety, quality, and outcomes for patients.
9. Describe how patient education, referrals, and the use of community resources are utilized in discharge planning for a variety of patients.
10. Demonstrate knowledge and safe administration of medications and treatments.
11. Discuss current management concepts utilized in the following areas:
 - a. Basic Concepts in Nursing
 - b. Nursing Concepts and Challenges in Clinical Practice
 - c. Concepts in Clinical Practice and Related Skills

E. Instructional Methods

1. Course orientation
2. Periodic conferences, as needed
3. Online Independent Learning Guide
4. Clinical experience (secured and arranged by the student in a healthcare facility in/near the refresher student's home community/area of residence)

F. Evaluation Methods

1. Mid-term and final exam, each with a 76% or higher passing grade. The mid-term exam will be an online exam in D2L. The final exam will be monitored by a proctor identified by the refresher student. If a score of less than 76% is received on the final exam, the student will be allowed one retake with a different examination.
2. Clinical student evaluation completed by RN preceptor
3. Online assignments in the Independent Learning Guide (satisfactory/unsatisfactory)
4. Comprehensive Care Plan completed on one client co-assigned to during clinical (satisfactory/unsatisfactory)
5. Skills checklist signed by both the licensed preceptor and student
6. Final Student Evaluation completed by course coordinator
7. Course Evaluation completed by student

G. Theoretical and Clinical Components

Theoretical Components

After the nurse refresher student has enrolled, instructions will be provided for the online Independent Learning Guide. Areas covered include course objectives, course requirements, and course assignments. The course is to be completed entirely online. Students are instructed to contact the course coordinator or theory instructor at any time should they need assistance or have questions regarding their independent study. The independent learning guide will take a minimum of 80 hours to complete.

Students must complete Sections 1-3 of the Learning Guide and the mid-term exam prior to beginning their clinical experience.

Clinical Laboratory Components

The following online Arkansas Nurses Association courses are to be successfully completed prior to the start of clinical, as required by the Arkansas Board of Nursing:

- a. Delegation Do's and Don'ts
- b. Arkansas State Board of Nursing Nurse Practice Act

Proof of completion of these courses is required before a temporary permit can be obtained.

It is the responsibility of the nurse refresher course student to secure the clinical placement site in a healthcare facility in/near his/her home community.

A criminal background study will also need to be initiated prior to starting clinical. A form is mailed to the student upon course enrollment to gather data to begin this process. If the clinical facility requires an additional or different background study to be done, the refresher course student will be responsible for any additional associated fees.

Students are required to submit proof of negative TB result (Mantoux) completed within 6 months of their clinical start date, or a negative chest x-ray taken within the last year, or a negative QuantiFERON Gold blood test completed no more than 6 months prior to the start of clinical. If you have ever had a positive Mantoux or QuantiFERON Gold TB test, you will need to provide documentation that you have completed therapy and have a clear chest x-ray. Some facilities require a 2-step Mantoux. Proof of immunity for varicella (chickenpox), measles/mumps/rubella (MMR), Tdap, and Flu vaccine may need to be submitted to the course coordinator, depending on facility requirements. Additional immunization records and/or proof of current CPR may also be requested by the facility.

While in the clinical area, the refresher course student will be assigned to a licensed nurse on staff at the healthcare facility. The licensed nurse will act as his/her preceptor, and will supervise the clinical experience of the refresher course student. The preceptor must be approved by the clinical facility to act as a preceptor in a one-on-one nursing practice experience. The preceptor will have two years of current clinical practice experience. The licensed nurse preceptor(s) may delegate portions of the learning experience as appropriate.

A minimum of 80 hours will be spent in the clinical setting. Medical-surgical nursing, long-term care, or assisted living will be the areas of clinical experience. A student evaluation form will be completed by the nurse preceptor evaluating the care given by the refresher course student. This form will be reviewed by the student and signed by the preceptor and student. The preceptor or student will return the form to the course coordinator at Minnesota State Community and Technical College, along with verification the required hours of clinical were completed.

As an enrolled nurse refresher course student at Minnesota State Community and Technical College, he/she is covered under the college's student liability insurance plan. The student may choose to carry additional liability insurance, at the cost of the student.

A clinical affiliation agreement/contract between the college and clinical facility must be signed and fully executed prior to beginning clinical.

H. Textbooks

Students are required to purchase the med-surg textbook (can be located on Amazon and in other book stores).

Required:

Williams, L.S., & Hopper, P.D. (2019). *Understanding medical-surgical nursing* (6th ed.). Philadelphia, PA: F.A. Davis.

Recommended:

Nurse's Drug Guide

Nursing Diagnosis Handbook