Nursing



## **Certification of Medical Clearance**

To M-State Nursing department:

This is to certify that \_\_\_\_\_\_ Student ID #\_\_\_\_\_

Has been under medical care of \_\_\_\_\_\_ from \_\_\_\_\_ to \_\_\_\_\_.

S/HE is able to safely perform the following abilities: (Initial what s/he is able to perform)

Cognitive Perception:

\_\_\_\_\_ 1. Is able to perceive events realistically, to think clearly and rationally, and to function appropriately in routine and stressful situations.

2. Is able to independently and accurately assess or contribute to the assessment of a client.

Example: Can identify changes in the client's health status and prioritize multiple nursing activities in a variety of situations.

**Critical Thinking:** 

1. Is able to learn and reason: to integrate, analyze and synthesize data concurrently.

\_\_\_\_\_ 2. Is able to solve problems rapidly, consider alternatives, and make a decision for managing or intervening in the care of a client

Example: Is able to make effective decisions in the classroom and clinical setting, will be able to develop/contribute to the nursing care plans accurately reflect client concerns.

Motor Skills/Mobility:

\_\_\_\_\_ Possesses ambulatory capability sufficient to maintain a center of gravity when met with an opposing force as in lifting, supporting, and/or transferring a client.

Examples: Able to lift 25 pounds, safely perform CPR (able to apply 25# pressure), position clients, reach manipulate and operate equipment/instruments, move/lift clients in bed, propel wheel chair, bend in all directions with normal range of motion.

Activity Tolerance:

\_\_\_\_\_ Ability to tolerate lengthy periods of physical activity.

Hearing:

\_\_\_\_\_ Has auditory ability sufficient to hear normal conversation and or assess health needs.



Vision:

\_\_\_\_\_ Has visual ability sufficient for observation, assessment, and performance of safe nursing care.

Tactile:

\_\_\_\_\_ Has tactile ability sufficient for physical assessment, inclusive of size, shape, temperature, and texture.

Psychosocial behaviors:

\_\_\_\_\_ Possess the emotional health required for full use of their intellectual abilities, the exercise of good judgment, and the prompt and safe completion of all responsibilities.

Environmental Adaptability:

\_\_\_\_\_ Ability to tolerate environmental stressors.

Example: Work with chemicals and detergents, tolerate exposure to odors, work in close proximity to others.

Restrictions:	 		

Duration of limitations _	

I certify that	is able to meet all standards and participate in all
patient care/lab activities without restrictions on	//

Print Name and Credential

Date

Signature

Facility where student was treated