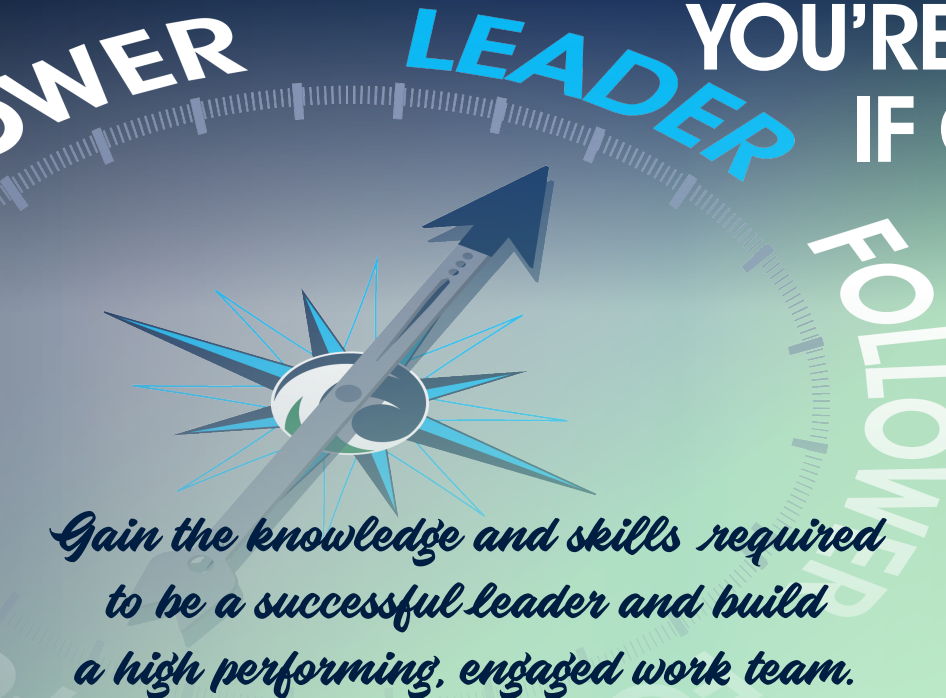


YOU'RE ONLY A LEADER IF OTHERS FOLLOW



Gain the knowledge and skills required to be a successful leader and build a high performing, engaged work team.

- Engage in highly interactive, experiential activities, and debriefs that illustrate key theories and techniques.
- Practice theories and techniques using realistic, job-related examples.
- Expand your knowledge with activities assigned between sessions that focus on using covered techniques within an actual work environment.

Our leadership sessions will be held via Zoom and last only 90 minutes. Each course is \$89, which includes two sessions and all required materials.

Register online at minnesota.edu/wds or contact Jamon Friendshuh.



DANA HAAGENSON spent more than 10 years in the software industry, serving in individual contributor and leadership roles from product development to product management/strategy to human resources. As an instructor at Minnesota State Community and Technical College, she teaches students ranging in age from Gen Z to baby boomers in the areas of human resources and accounting. She also develops and delivers customized leadership and team and personal development sessions for organizations across varied industries. As a Gallup Certified Strengths Coach, Dana has coached more than 1,000 individuals and teams in discovering and harnessing the power of their individual and collective strengths to achieve personal and professional success. She earned an accounting degree from Minnesota State University Moorhead and is a CPA and a Certified Professional in Human Resources.

CONTACT/QUESTIONS

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Dana Haagenson
Instructor
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\$89

YOU'RE ONLY A LEADER IF OTHERS FOLLOW

LEAD WITH YOUR STRENGTHS

SESSION 1: The Needs of Followers
9-10:30 a.m. Wednesday, Feb. 3

- Identify the roles you play as a leader
- Understand three keys to increasing effectiveness as a leader
- Analyze the key needs of followers – trust, compassion, stability and hope

SESSION 2: Lead with Your Strengths
9-10:30 a.m. Wednesday, Feb. 17

- (Participants will complete Clifton Strengths assessment between Sessions 1 and 2)
- Recognize the role of talents and strengths in effective leadership and high-performing, engaged teams
- Examine your unique talents and strengths as a leader and develop strategies for building on those strengths and managing “glare factors”

\$89

COMMUNICATION AND CONFLICT

BASED ON CRUCIAL CONVERSATIONS®

SESSION 1: Staying in Dialogue
9-10:30 a.m. Wednesday, March 10

- Understand the importance of staying in dialogue when conversations are emotional and high-stakes and involve opposing opinions
- Learn to prepare for a difficult conversation by working on yourself first
- Identify common distractors that derail dialogue and apply techniques for refocusing a conversation
- Learn to identify and react when verbal or emotional safety is at risk in a conversation

SESSION 2: From Dialogue to Action
9-10:30 a.m. Wednesday, March 24

- Learn to stay in dialogue when you or others become emotional
- Learn to “look at” and analyze your reaction to difficult messages and to listen actively to others in order to move dialogue forward
- Practice techniques for speaking persuasively, not abrasively

LEARN more. EARN more.
minnesota.edu/wds



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action, equal opportunity educator and employer.



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