INDEPENDENT STUDY REFRESHER COURSE

for

LICENSED PRACTICAL NURSES (Arkansas)

Minnesota State
Community and Technical College
Custom Training Services

1900 28th Ave. So.
Moorhead, MN 56560
GENERAL COURSE INFORMATION

CONTACT HOURS EARNED
160 FOR AR LPN REFRESHER STUDENTS

COURSE FEE
$995 – includes initial criminal background study fee (an additional $9.10 to complete the study is the student’s responsibility), and liability insurance.

Payable by cash, check or credit card. Send payment with application.

NURSE’S LIABILITY INSURANCE
Nurse’s liability insurance is included in the above fee; however, if not acceptable by your chosen clinical site you will need to purchase a separate policy prior to your clinical experience. A separate insurance policy could cost approximately $108 for a year’s coverage and coverage must be for $2,000,000 per occurrence/$6,000,000 per aggregate.

For more course information or Information on how to register, call:

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Nurse Refresher Course Coordinator
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www.minnesota.edu/wds
A. Course Title
Independent Study Refresher Course for Arkansas Licensed Practical Nurses

B. Course Description
The purpose of this course is to provide an opportunity for exposure to current nursing theory and practice as it relates to the role of the licensed practical nurse as a member of today's health care system. This course will also enhance preparation of the nurse for the orientation program of an employing agency.

C. Total Course Hours
Theory - A minimum of 80 hours will be spent completing the online theory component of the course.

Clinical - A minimum of 80 hours of supervised clinical will be required to be completed in an AR clinical facility.

Students must secure the facility for the clinical rotation in their home community.

* It is recommended students complete the entire course within 12 months. If deemed necessary, arrangements can be made to extend the completion date on an individual basis with prior approval from the course coordinator. An additional fee of $250 will be required for the 3-month extension that immediately follows the initial 12 months.

D. Overall Course Objectives
At the conclusion of this course, the nurse will be able to:

1. Define the Standards of Practice for the Registered Nurse, Licensed Practical Nurse, and role of the Unlicensed Assistive Person including regulations as stated in the State of Arkansas Nurse Practice Act.

2. Identify and describe ethical, legal and professional issues in health care.

3. Use effective communication strategies in nursing care delivery, i.e., documentation, care planning, reporting.

4. Discuss the various methods of nursing care delivery and the role of the nurse and assistant to the nurse.

5. Define the concepts of health, wellness, health promotion, illness prevention and patient education.

6. Utilize the nursing process as it relates to the Scope and Standards of Practice for Licensed Practical Nurses.

7. Explain the concept of quality assurance and its aim and purpose in nursing.

8. Describe the characteristics of the current health care delivery system that impact safety, quality and outcomes for patients.

9. Describe how patient education, referrals and the use of community resources are utilized in discharge planning for a variety of patients.

10. Demonstrate knowledge and safe appropriate medication and treatment administration.
11. Discuss current management concepts utilized in the following areas:
   a. Basic Concepts in Nursing
   b. Nursing Concepts and Challenges in Clinical Practice
   c. Concepts in Clinical Practice and Related Skills

E. Instructional Methods
   1. Course orientation
   2. Periodic conferences, as needed
   3. Online Independent Learning Guide
   4. Clinical experience (secured and arranged by the student in a healthcare facility in the refresher students' home community/area of residence)

F. Evaluation Methods
   1. Mid-term and final exam each with a 76% or higher passing grade. The mid-term exam will be a take home exam. The final exam will be monitored by a proctor identified by the refresher student. If a score of less than 76% is received on the final exam, the student will be allowed one retake with a different examination.
   2. Clinical student evaluation completed by RN preceptor
   3. Online assignments in the Independent Learning Guide (satisfactory/unsatisfactory)
   4. Comprehensive Care Plan completed on one client co-assigned to during clinical (satisfactory/unsatisfactory)
   5. Skills checklist signed by both the licensed preceptor and student
   6. Final Student Evaluation completed by course coordinator
   7. Course evaluation completed by student

G. Theoretical and Clinical Components

Theoretical Components
After the nurse refresher student has enrolled, instructions will be provided for the online Independent Learning Guide. Areas covered are course objectives, course requirements and assignments. The course is to be completed entirely online. Students are instructed to contact the course coordinator or theory instructor at any time should they need assistance or have questions regarding their independent study. The independent learning guide will take a minimum of 80 hours to complete.

Students must complete Section 1-3 of the learning guide and a mid-term exam prior to beginning their clinical experience.

Clinical Laboratory Components
It is required prior to the start of clinical the following online Arkansas Nurses Association courses required by the Arkansas Board of Nursing be completed: Delegation Do’s and Don'ts and the Arkansas State Board of Nursing Nurse Practice Act. Proof of completion of these courses is required before a temporary permit can be obtained from the Board of Nursing.

It is the responsibility of the nurse refresher course student to secure the clinical placement site in a healthcare facility in his/her home community.

A criminal background study will also need to be completed prior to starting clinical. A form is mailed to the student upon course enrollment to gather data to begin this process. If the clinical facility requires an additional or different background study to be done, the refresher course student will be responsible for any additional associated fees.

Students are required to submit proof of negative TB result (Mantoux) taken within 6
months of their clinical start date, or a negative chest x-ray taken within the last year. Some facilities require a step-two Mantoux. Proof of immunity for varicella (chickenpox) and measles, mumps and rubella (MMR), Tdap, and flu vaccine may need to be submitted to the course coordinator. Additional immunization records may also be requested by the healthcare facility to be on file.

Students may be required to be current in CPR for the clinical component.

While in the clinical area, the refresher course student will be co-assigned with a licensed nurse on staff at the healthcare facility. The licensed nurse will act as his/her preceptor and will supervise the clinical experience of the refresher course student. The preceptor must be approved by the clinical facility to act as a preceptor in a one-on-one nursing practice experience. The preceptor will have two years of current clinical practice experience. The licensed nurse preceptor(s) may delegate portions of the learning experience as appropriate.

A minimum of 80 hours will be spent in the clinical setting. Medical-Surgical nursing will be the emphasis for the acute care clinical experience. A student evaluation form will be completed by the nurse preceptor evaluating the care given by the refresher course student. This form will be reviewed by the student and signed. The preceptor or student will return the form to the course coordinator at Minnesota State Community and Technical College, along with verification the required hours of clinical were completed.

Nurses’ liability insurance is included in the registration fee; however, if not acceptable by your chosen clinical site you will need to purchase a separate policy prior to beginning your clinical experience. This insurance policy costs approximately $108 for a year’s coverage. Coverage must be for $2,000,000 per occurrence/$6,000,000 per aggregate.

A clinical agreement between the college and clinical facility must be signed and in place prior to beginning clinical.

H. **Textbook**

The main textbooks required for the course can be purchased on Amazon:


Nurse’s Drug Guide *(optional)*

Nursing Diagnosis Handbook *(optional)*