Nursing Assistant Skills Refresher
Monday, April 6, 2020
3:00 p.m.—6:00 p.m.

If you use a TTY, you can call us using the Minnesota Relay Service at 651.297.5353 or 1-800.627.3529 and ask them to place a call to Minnesota State Community and Technical College.

Upon request this information will be made available in alternate formats.

AN EQUAL OPPORTUNITY EDUCATOR/EMPLOYER
UN EDUCADOR/EMPLEADOR DE OPORTUNIDAD IGUAL

A member of the Minnesota State Colleges and Universities System
Nursing Assistant Skills Refresher

**Date & Time**
Monday, April 6 (3:00 p.m.-6:00 p.m.)

**Course Information**
This refresher course will refresh the participant's skills that are needed to work as a nursing assistant and prepare them for success passing the MN State Competency Evaluation. Students will review and practice the 21 skills that can be included in the exam. Each skill will be demonstrated and practiced according to the state standards of testing.

This course is appropriate for those whose registry may have lapsed or for those who may need to retest and need refreshing. This course is also appropriate for current CNAs/NA-Rs/HHAs who just want to review their skills.

Participants should wear loose, comfortable clothing and closed toe, slip-on shoes with nonskid soles.

**Cost**
$100.00 includes a skills handbook and any materials needed for skill demonstrations.

Payment must be made at the time of course registration. Withdrawals must be made 5 business days prior to the course start date for a full refund.

**Location**
M State North Campus, Room 143
1110 14th Street South
Moorhead, Minnesota 56560

**Skills Demonstrated**
- Hand hygiene (hand washing)
- Apply one knee-high elastic stocking
- Assist to ambulate using a transfer belt
- Assist with the use of bedpan
- Clean upper or lower denture
- Count and record radial pulse
- Count and record respirations
- Donning and removing PPE
- Dress client with affected right arm
- Feed client who cannot feed self
- Give modified bed bath
- Measure and record urinary output
- Measure and record weight of ambulatory client
- Perform modified passive range of motion for one knee and one ankle
- Perform modified passive range of motion for one shoulder
- Position client on side
- Provide catheter care for female
- Provide foot care on one foot
- Provide mouth care
- Provide perineal care for female
- Transfer client from bed to wheelchair using transfer belt

Skills are demonstrated and practiced in a supervised laboratory setting.

Completion of this course does not guarantee passage of the state competency exam.

**QUESTIONS?**
Contact BreAnna:
CALL: 218-299-6903 or 800-426-5603 ext. 6903 or EMAIL: breanna.tracy@minnesota.edu

**TO REGISTER**
- ONLINE: www.minnesota.edu/health
- Submit form with fee by MAIL to:
  M State
  Attn: BreAnna Tracy
  1900 28th Avenue South
  Moorhead, MN 56560
  Checks payable to M State
  (Checks must be received at least 7 days prior to the course start date)
- FACILITIES/EMPLOYERS/AGENCIES: Please complete the attached registration form. Email a copy with authorization or purchase order to: breanna.tracy@minnesota.edu or Fax to: 218-299-6933, Attn.: BreAnna Tracy
  Registrations can also be made online with a company credit or debit card @ www.minnesota.edu/health