# Foundations of Adult Nursing Care II

<table>
<thead>
<tr>
<th>Credits:</th>
<th>5 (3/2/0)</th>
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<tr>
<td><strong>Description:</strong></td>
<td>This course incorporates the nursing process, teamwork and collaboration, safety, quality improvement, professional identity and behavior, patient-centered and relationship-centered care, nursing judgment, evidence-based practice, managing care of the individual patient, informatics and technology into the care of adults and older adults with complex and comorbid health disorders. Principles of pathophysiology, nutrition and pharmacology are applied. A lab component includes focused assessments and advanced nursing skills that support course concepts.</td>
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<tr>
<td><strong>Prerequisites:</strong></td>
<td>BIOL2260 BIOL2261 experience as a nursing assistant as guided by the PN application packet AND current American Heart Association Basic Life Support AND current, clear Minnesota Department of Health criminal background check AND current, clear national background check AND PNSG1508 PNSG1514 PSYC2222</td>
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<tr>
<td><strong>Corequisites:</strong></td>
<td>None</td>
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| Competencies: | 1. Utilize the nursing process to collect data and contribute to the established plan of care for the adult patient.  
2. Outline barriers to communication and learning for individual patients when providing health care information or reinforcing teaching plans.  
3. Utilize focused assessment data to select interventions from an established plan of care for the adult patient.  
4. Examine complex and comorbid health disorders in the adult population.  
5. Prioritize evidence-based interventions within an established plan of care that address potential or actual complications experienced by the adult patient with complex and comorbid health disorders.  
6. Prioritize evidence-based interventions within an established plan of care that address potential or actual complications experienced by the older adult patient with complex and comorbid health disorders.  
7. Categorize the major classifications of medications, common medications within each classification, potential and actual complications, contraindications and rationales for medication administration for complex and co-morbid health disorders.  
8. Apply knowledge of pharmacology to the care of adult patients with complex and comorbid health disorders.  
9. Apply knowledge of pharmacology to the care of older adult patients with complex and comorbid health disorders.  
10. Apply knowledge of pathophysiology to the care of adult patients with complex and comorbid health disorders.  
11. Apply knowledge of pathophysiology to the care of older adult patients with complex and comorbid health disorders.  
12. Apply knowledge of nutrition to the care of adult patients with complex and comorbid health disorders.  
13. Apply knowledge of nutrition to the care of older adult patients with complex and comorbid health disorders.  
14. Demonstrate evidence-based advanced nursing skills using proper techniques and measures to ensure safety for the patient and nurse.  
15. Perform focused assessment using proper techniques and measures that ensure patient safety.  
16. Exhibit professional behavior, teamwork and collaboration with peers and faculty in the lab setting. |

| MnTC goal areas: | None |