

# Nursing Care of Adults I

Credits:	3 (2/1/0)
Description:	This course introduces students to the care of the adult patient with a focus on health promotion and safety. Emphasis is on common health problems of the adult as well as chronic illness and end-of-life care. Application of pathophysiology, nutrition and pharmacology are applied to common diseases within each topic area. Additional emphasis includes basic alterations in fluid and electrolytes, oxygenation, cardiac output and tissue perfusion, regulation and metabolism, cognition and sensation, immunity, integument, mobility, reproduction, ingestion/digestion/absorption/elimination, excretion, physical and psychosocial variations, chronic illness, end-of-life care, environmental safety and emergency preparedness.
Prerequisites:	Acceptance into the Practical Nursing Program
Corequisites:	None
Competencies:	<ol style="list-style-type: none"> <li>1. Identify patient/relationship-centered care that is supported by the nursing process and contributes to established plans of care for the adult.</li> <li>2. Recognize barriers to learning when providing or reinforcing information to adult patients regarding health care and safety issues.</li> <li>3. Identify common chronic health illness in the adult population.</li> <li>4. Describe patient-centered care in relation to death and dying in diverse adult patient populations.</li> <li>5. Demonstrate effective interprofessional communication when reporting and documenting focused assessment findings and interventions utilized for the adult patient in simulated lab settings.</li> <li>6. Apply safe nursing practices when performing skills in the lab setting.</li> <li>7. Choose interventions within an established plan of care that address potential/actual complications experienced by the adult patient.</li> <li>8. Discuss rationales for nursing judgments and prioritization of care of the adult patient.</li> <li>9. Apply knowledge of pharmacology, pathophysiology and nutrition to the care of adult patients with common health problems.</li> <li>10. Identify priorities of care in the provision of an emergency response plan under the direction of a registered nurse or other licensed health care provider.</li> <li>11. Evaluate information from evidenced-based journals and databases related to the care of adults with common health and safety needs.</li> </ol>
MnTC goal areas:	None