

# CHILD AND ADOLESCENT THERAPEUTIC BEHAVIORAL HEALTH

## CERTIFICATE - 16 CREDITS

### About this program

This certificate prepares learners to enter the mental health workplace as a Mental Health Behavioral Aide II (MHBAll). This program provides foundational knowledge for entry-level workers (beyond the level of Mental Health Behavioral Aide I) under the supervision of psychiatrists, psychologists, nurses and other mental health professionals to provide direct patient care for children with mental illnesses and perform related functions.

### Program outcomes

1. Understand the physical, cognitive, social and emotional developmental changes that occur throughout childhood and adolescence.
2. Explore the diagnosis, etiology and treatment, including psychotropic medications, of psychological disorders from different historical and theoretical perspectives.
3. Examine strategies in therapeutic communication techniques and crisis management skills that are effective in mental health-related situations, including de-escalation and redirection behavior.
4. Explore basic data practices and privacy issues as they relate to families and children with behavioral disorders.
5. Identify and analyze the environmental factors that influence maladaptive and adaptive behavior.
6. Explain the behavioral principles and procedures used for skill building and changing the environment and behavior.
7. Analyze the experiences and challenges of different cultures in the U.S. from historical and contemporary perspectives, including societal attitudes toward mental illness.
8. Explore multicultural, gender-fair and disability-sensitive values and the interpersonal skills used to adapt to different cultures.

### Curriculum overview

Crd	Requirement type
	Total
<b>Developmental courses note:</b> A student may be required to enroll in developmental courses in reading, writing and math. A student's scores on the Accuplacer assessment will determine enrollment in developmental courses. The purpose of developmental courses is to prepare students for the demands of a college-level curriculum. <i>Credits may vary.</i>	
<b>Accreditation:</b> Minnesota State Community and Technical College is accredited by the Higher Learning Commission, a regional accreditation agency recognized by the U.S. Department of Education. The Higher Learning Commission 230 South LaSalle Street, Suite 7-500 Chicago, IL 60604-1411 <a href="http://www.ncahigherlearningcommission.org">http://www.ncahigherlearningcommission.org</a> Phone: 312.263.0456 / 800.621.7440	

# Curriculum requirement details

Required courses

Other requirements or restricted electives



## Course summaries



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Program Plan — ""

Locations:

