CHILD AND ADOLESCENT THERAPEUTIC BEHAVIORAL HEALTH

CERTIFICATE – 16 CREDITS

About this program

This certificate prepares learners to enter the mental health workplace as a Mental Health Behavioral Aide II (MHBAII). This program provides foundational knowledge for entry-level workers (beyond the level of Mental Health Behavioral Aide I) under the supervision of psychiatrists, psychologists, nurses and other mental health professionals to provide direct patient care for children with mental illnesses and perform related functions.

Program outcomes

1. Understand the physical, cognitive, social and emotional developmental changes that occur throughout childhood and adolescence.
2. Explore the diagnosis, etiology and treatment, including psychotropic medications, of psychological disorders from different historical and theoretical perspectives.
3. Examine strategies in therapeutic communication techniques and crisis management skills that are effective in mental health-related situations, including de-escalation and redirection behavior.
4. Explore basic data practices and privacy issues as they relate to families and children with behavioral disorders.
5. Identify and analyze the environmental factors that influence maladaptive and adaptive behavior.
6. Explain the behavioral principles and procedures used for skill building and changing the environment and behavior.
7. Analyze the experiences and challenges of different cultures in the U.S. from historical and contemporary perspectives, including societal attitudes toward mental illness.
8. Explore multicultural, gender-fair and disability-sensitive values and the interpersonal skills used to adapt to different cultures.

Curriculum overview

Crds	Requirement type
16	Required courses
16	**Total**

Developmental courses note: A student may be required to enroll in developmental courses in reading, writing and math. A student's scores on the Accuplacer assessment will determine enrollment in developmental courses. The purpose of developmental courses is to prepare students for the demands of a college-level curriculum. *Credits may vary.*

Accreditation: Minnesota State Community and Technical College is accredited by the Higher Learning Commission, a regional accreditation agency recognized by the U.S. Department of Education. The Higher Learning Commission 230 South LaSalle Street, Suite 7-500 Chicago, IL 60604-1411 http://www.ncahigherlearningcommission.org Phone: 312.263.0456 / 800.621.7440

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Curriculum requirement details

Required courses

Course	Crds
MCS2230 - Multicultural America	3
PSYC1203 - Introduction to Child and Adolescent Therapeutic Behavioral Health	4
PSYC2220 - Abnormal Psychology	3
PSYC2222 - Lifespan Development	3
PSYC2226 - Introduction to Applied Behavior Analysis	3

Other requirements or restricted electives

Special Requirement: 0 credits

- Students must earn a grade of 'C' or better in all program courses to graduate with the MHBA II certificate

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Course summaries

MCS2230 - Multicultural America ..... ***(3 credits)***
Meets MnTC Goal Area 7. This course provides an introduction to multicultural perspectives on American education. Given that the United States is becoming more culturally diverse and operates within an increasingly globalized world, citizens need to be equipped to understand the diverse cultures with which they work and interact. This course exposes students to the experiences and challenges of African Americans, American Indians, Chicano/Latinos and Asian Americans in the U.S. educational system from historical and contemporary perspectives.

PSYC1203 - Introduction to Child and Adolescent Therapeutic Behavioral Health ..... ***(4 credits)***
This course will provide students with an introduction to the etiology, assessment and treatment of common behavioral and emotional health disorders in children and adolescents. The framework of developmental psychopathology will be used to examine how childhood psychopathology arises in different contexts and developmental transitions within the self, family, school, community and culture. Students will achieve entry-level competencies in providing therapeutic and rehabilitative care for children and adolescents with behavioral and emotional disturbances. In addition, this course will provide students with the knowledge and resources to enter practice as a mental health worker (e.g., mental health behavioral aide).

PSYC2220 - Abnormal Psychology ..... ***(3 credits)***
Meets MnTC Goal Area 5. This course is an introduction to the diagnosis, etiology and treatment of maladaptive behavior. The course will include historical and theoretical approaches, prevention and community resources.

PSYC2222 - Lifespan Development ..... ***(3 credits)***
Meets MnTC Goal Areas 5 and 9. This course is a study of human development from the lifespan perspective, including theories, stages and influences of development. The course views the individual from conception to death through physical, cognitive, social and emotional development.

PSYC2226 - Introduction to Applied Behavior Analysis ..... ***(3 credits)***
Meets MnTC Goal Areas 2, 5 and 10. This course is an exploration of the scientific study of human behavior and its interrelatedness with the environment. This course describes and explains the acquisition, maintenance and change of behavior with an emphasis on human application within a variety of environmental contexts. This course uses critical thinking on the principles and procedures used to understand and change the environment and human behavior.

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Program Plan — "Primary"

Locations: Online

1st Fall Term (16 credits)

Courses

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MCS2230 - Multicultural America	3
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