

# COSMETOLOGY

## DIPLOMA - 58 CREDITS

### About this program

Cosmetology is the art, science and business of beauty care, offering students a variety of career opportunities. Students completing the Cosmetology program may choose to be general cosmetologists or to excel in an area of expertise such as perming and cutting, hair care and coloring, or skin and nail care. Students receive a combination of classroom and laboratory work with the opportunity to practice their skills on mannequins and actual customers in the campus salon. Acquired cosmetology hours or credits earned and documented from other licensed colleges, whether in or out of state, may be accepted upon approval of the Minnesota Board of Cosmetologists. Graduates holding a valid cosmetology license are eligible for employment in salons and many other unique employment settings. The Board of Cosmetologists, which is the cosmetology licensing body, requires 1,550 hours of clinical time to become licensed in Minnesota. Upon completing those hours and passing the state exam, a license will be issued.

### Program outcomes

1. Relate knowledge and technical procedures to perform proficiently in all cosmetology skills.
2. Apply ethical behaviors and human relation skills with patrons, employers and coworkers.
3. Show professionalism in all relationships in the cosmetology salon environment.
4. Know and understand the Minnesota state laws, rules and regulations that pertain to the individual policies or responsibilities of all cosmetology license holders.
5. Know employee sanitation procedures and perform safety procedures in compliance with Minnesota laws and rules.
6. Evaluate hair, skin and nail disorders or diseases that should be referred to a physician.
7. Prepare and know the specific uses and safety standards of all equipment and supplies used in the cosmetology salon.
8. Prepare the chemical formulas necessary to ensure accurate product knowledge to perform cosmetology services.

### Curriculum overview

**Crds      Requirement type**

30	Required courses
28	Restricted electives in special requirements
58	<b>Total</b>

**Developmental courses note:** A student may be required to enroll in developmental courses in reading, writing and math. A student's scores on the Accuplacer assessment will determine enrollment in developmental courses. The purpose of developmental courses is to prepare students for the demands of a college-level curriculum. *Credits may vary.*

**Accreditation:** Minnesota State Board of Cosmetology (MN BOC) 1000 University Avenue West, Suite 100 St. Paul, MN 55104 Phone: 651.201.2742  
Email: cosmetology@state.mn.us

## Curriculum requirement details

### Required courses

Course	Crds
COSM1000 - Principles and Practices .....	3
COSM1002 - Client Communications .....	1
COSM1003 - License Preparation Cosmetology .....	1
COSM1004 - Cosmetic Chemistry and Makeup Applications .....	1
COSM1005 - Hair Reformation .....	1
COSM1007 - Gel Nail Applications .....	1
COSM1010 - Eyelash Extensions .....	1
COSM1100 - Salon Safety .....	1
COSM1109 - Skin Analysis .....	1
COSM1117 - Shampooing and Rinsing .....	1
COSM1119 - Haircutting .....	1
COSM1129 - Hairstyling .....	1
COSM1130 - Properties of the Hair and Scalp .....	1
COSM1157 - Histology of the Skin .....	1
COSM1159 - Facials and Hair Removal .....	1
COSM1161 - Nail Structure and Growth .....	1
COSM1163 - Hair Color .....	1
COSM1171 - Principles of Hair Design .....	1
COSM1179 - Minnesota Cosmetology Laws and Rules ...	1
COSM1202 - Salon Practicum Nail Technician .....	1
COSM1203 - Salon Practicum Esthetician .....	1
COSM1300 - Clipper Cutting Techniques .....	1
COSM2000 - Artistry in Hairstyling .....	1
COSM2100 - Chemical Texture Services .....	1
COSM2200 - Manicuring and Pedicuring Services .....	1
COSM2300 - Cosmetology Anatomy .....	1
COSM2400 - Advanced Nail Techniques .....	1
COSM2500 - Salon Business .....	1

### Other requirements or restricted electives

#### Special Requirement: 26 credits

- COSM1200 Salon Practicum Cosmetology (1-18 credits) these credits can be comprised of any combination of the following non repeatable courses: COSM2800 Alexandria Body Sugar (1 credit) COSM1304 Hair Extension Techniques (1 credit) COSM1006 Spa Therap

#### Special Requirement: 2 credits

- COSM1204 Salon Practicum Hair Technician (1 credit) cosmetology students need a total of 2 credits in this course (one in fall, one in spring)

## Course summaries

**COSM1000 - Principles and Practices ..... (3 credits)**

This course addresses the concepts of basic chemistry, electricity and infection control as they relate to cosmetology. The course also teaches students the best practices for maintaining personal health and well-being while working in the industry.

**Prerequisites:**

- none

**COSM1002 - Client Communications ..... (1 credits)**

This course teaches important principles used when working with different clients, focusing on creating positive interactions to meet clients' varying needs. Students learn strategies to establish well-developed communication, customer service and time management skills.

**COSM1003 - License Preparation Cosmetology ..... (1 credits)**

This course will prepare the cosmetology student for the general theory exam, written practical exam and Minnesota laws and rules exam issued by the Minnesota State Board of Cosmetology. Additionally, the student will practice mock tests in preparation for skills certification. Cosmetology students will review their knowledge and skills in all theory and practical topics learned throughout their training. Completion of this course will help the student identify areas of weakness that need additional review prior to scheduling their state exams and completing cosmetology skills certification.

**COSM1004 - Cosmetic Chemistry and Makeup Applications ..... (1 credits)**

This course provides students with an understanding of cosmetic chemistry and its practical application. Students learn how to choose appropriate skincare and makeup products for different skin types and conditions, and develop core skills in color theory, facial symmetry and various makeup applications.

**COSM1005 - Hair Reformation ..... (1 credits)**

In this course, students learn how to change the existing hair's texture, focusing on two broad categories of texture services: permanent hair reformation treatments and semi-permanent hair reformation treatments. Students also learn various types of sodium hydroxide and thioglycolate relaxers, allowing them to provide a wide range of hair reformation services on different hair textures.

**COSM1007 - Gel Nail Applications ..... (1 credits)**

This course provides students with an introduction to gel nail enhancements. Students learn skills and techniques required to create beautiful, durable and long-lasting gel nails.

**COSM1010 - Eyelash Extensions ..... (1 credits)**

In this course, students gain knowledge and skills necessary to safely and effectively apply eyelash extensions, enhancing clients' natural beauty and helping them achieve the look they desire.

**COSM1100 - Salon Safety ..... (1 credits)**

This course is designed to educate beauty industry professionals about essential safety protocols, regulations and best practices to ensure a safe and healthy salon environment. This course emphasizes the importance of compliance with the Minnesota Board of Cosmetology.

**COSM1109 - Skin Analysis ..... (1 credits)**

This course introduces students to the essential principles and practices of professional skin analysis, a critical component of facial treatments and cosmetic services. Students learn how to identify skin types, conditions and underlying concerns using visual, tactile and magnification techniques, including using a Woods lamp and other diagnostic tools.

**COSM1117 - Shampooing and Rinsing ..... (1 credits)**

In this course, students learn the importance of proper shampooing techniques, product selection and client interaction to enhance the overall salon experience.

**COSM1119 - Haircutting ..... (1 credits)**

In this course, students develop a strong foundation in haircutting. Students cover foundational concepts, essential techniques and knowledge required to provide exceptional service to clients.

**COSM1129 - Hairstyling ..... (1 credits)**

This course prepares students to conduct hairstyling services that meet the needs of clients. Students learn the proper use of hot tools, styling tools and products to achieve desired results on all hair types and textures.

**COSM1130 - Properties of the Hair and Scalp ..... (1 credits)**

In this course, students learn the structure and composition of the hair shaft and hair follicle, how to recognize various disorders and diseases of the hair and scalp, and determine which disorders can be serviced in the salon and which should be referred to a physician. Students gain the foundational knowledge necessary to support safe, effective hair services.

**COSM1157 - Histology of the Skin** ..... (1 credits)  
In this course, students learn the structure and composition of the skin and how to recognize various disorders and diseases of the skin. Students also determine which disorders can be serviced in the salon and which should be referred to a physician. Students gain the foundational knowledge of skin histology necessary to support safe, effective and personalized esthetic treatments.

**COSM1159 - Facials and Hair Removal** ..... (1 credits)  
In this course, students learn professional skin care treatments that improve the skin's condition and appearance. Students learn how to analyze the skin to best determine proper protocols for individual needs. Students also gain an understanding of the different types of services and materials used to remove unwanted hair.

**COSM1161 - Nail Structure and Growth** ..... (1 credits)  
In this course, students learn the structure and composition of the nail unit, how to recognize various disorders and diseases of the nail, and determine which disorders can be serviced in the salon and which should be referred to a physician. Students gain the foundational knowledge necessary to support safe, effective nail services.

**COSM1163 - Hair Color** ..... (1 credits)  
This course provides students with the necessary skills to deliver high-quality hair coloring services in the salon. The course covers a variety of coloring methods, products, applications and techniques to create customized services for diverse populations.

**COSM1171 - Principles of Hair Design** ..... (1 credits)  
This course gives students an understanding of design and how to incorporate design into creating a pleasing hairstyle for each client's facial and body features.

**COSM1179 - Minnesota Cosmetology Laws and Rules** ..... (1 credits)  
This course provides an in-depth understanding of the laws and regulations governing professional practices in Minnesota. Designed for all cosmetology license fields, the course aims to ensure compliance with state-specific legal standards and ethical practices.

**COSM1202 - Salon Practicum Nail Technician** ..... (1 credits)  
In this course, students work in a licensed school salon to meet requirements stipulated by the State Board of Cosmetology. The course includes instruction in applied science and skills in cleaning, conditioning, shaping, reinforcing, coloring and enhancing of nails, and in the application and repair of artificial enhancements. Each student is required to complete a specific minimum number of clinical exercises, as well as a minimum number of clinical hours, to fulfill requirements set by the State Board of Cosmetology.

**COSM1203 - Salon Practicum Esthetician** ..... (1 credits)  
In this course, students work in a licensed school salon to meet requirements stipulated by the State Board of Cosmetology. The course includes instruction in applied science and skills in the procedures of cosmetic care of the skin, client consultation and skin analysis, applications of facials and makeup, waxing, and eyelash extensions. Each student is required to complete a specific minimum number of clinical exercises, as well as a minimum number of clinical hours, to fulfill requirements set by the State Board of Cosmetology.

**COSM1300 - Clipper Cutting Techniques** ..... (1 credits)  
In this course, students will learn correct methods of handling clipper cutting equipment to create precision haircuts. Students will understand the correct use of tools and equipment to enhance client services.

**COSM2000 - Artistry in Hairstyling** ..... (1 credits)  
In this course, students learn various types of non-permanent hair additions, braided styles and proper care of wigs and hair additions. Students discuss how to style hair additions and wigs to look natural and flatter the client's facial features and body structure.

**COSM2100 - Chemical Texture Services** ..... (1 credits)  
In this course, students learn about the various rod sizes, wrap patterns, different types of perm solutions, and how they work together to alter natural curl formation. Students gain an understanding of the chemical change caused when applying permanent wave solution and neutralizer while maintaining the integrity of the hair.

**COSM2200 - Manicuring and Pedicuring Services** ..... (1 credits)  
This course teaches students the essential skills and knowledge needed to provide professional nail care services. In this course, students learn various manicure and pedicure methods, including basic and spa, focusing on proper trimming and shaping of nails, skin care, massage and polishing techniques.

**COSM2300 - Cosmetology Anatomy** ..... (1 credits)  
In this course, students learn the body systems that must work together to achieve healthy hair, skin and nails. Students learn the basic anatomy of the body and its structures, and gain general knowledge about how these structures function.

**COSM2400 - Advanced Nail Techniques** ..... (1 credits)  
This course covers a variety of topics and skills essential for mastering the art of nail enhancements. Students learn different types of acrylic applications, proper methods of prepping the natural nails for adhesion, and maintenance and removal of artificial enhancements.

**COSM2500 - Salon Business** ..... (1 credits)  
This course teaches students how to transition from student to salon professional. Students explore employment options and gain key foundational knowledge for success in the field.

# COSMETOLOGY

## DIPLOMA - 58 CREDITS

### Program Plan — "Cosmetology Fall Start"

Locations: Wadena

#### 1st Fall Term (20 credits)

##### Courses

Course	Crds
COSM1000 - Principles and Practices .....	3
COSM1002 - Client Communications .....	1
COSM1005 - Hair Reformation .....	1
COSM1007 - Gel Nail Applications .....	1
COSM1010 - Eyelash Extensions .....	1
COSM1100 - Salon Safety .....	1
COSM1117 - Shampooing and Rinsing .....	1
COSM1119 - Haircutting .....	1
COSM1130 - Properties of the Hair and Scalp .....	1
COSM1161 - Nail Structure and Growth .....	1
COSM1171 - Principles of Hair Design .....	1
COSM1179 - Minnesota Cosmetology Laws and Rules ...	1
COSM1202 - Salon Practicum Nail Technician .....	1
COSM2100 - Chemical Texture Services .....	1
COSM2200 - Manicuring and Pedicuring Services .....	1
COSM2400 - Advanced Nail Techniques .....	1

##### 1 credits in one or more of the following:

COSM1200 Salon Practicum Cosmetology (1-18 credits) these credits can be comprised of any combination of the following non repeatable courses: COSM2800 Alexandria Body Sugar (1 credit) COSM1304 Hair Extension Techniques (1 credit) COSM1006 Spa Therap

##### 1 credits in one or more of the following:

COSM1204 Salon Practicum Hair Technician (1 credit) cosmetology students need a total of 2 credits in this course (one in fall, one in spring)

#### 1st Spring Term (20 credits)

##### Courses

Course	Crds
COSM1004 - Cosmetic Chemistry and Makeup Applications .....	1
COSM1109 - Skin Analysis .....	1
COSM1129 - Hairstyling .....	1
COSM1157 - Histology of the Skin .....	1
COSM1159 - Facials and Hair Removal .....	1
COSM1163 - Hair Color .....	1
COSM1203 - Salon Practicum Esthetician .....	1
COSM1300 - Clipper Cutting Techniques .....	1
COSM2000 - Artistry in Hairstyling .....	1
COSM2300 - Cosmetology Anatomy .....	1
COSM2500 - Salon Business .....	1

##### 8 credits in one or more of the following:

COSM1200 Salon Practicum Cosmetology (1-18 credits) these credits can be comprised of any combination of the following non repeatable courses: COSM2800 Alexandria Body Sugar (1 credit) COSM1304 Hair Extension Techniques (1 credit) COSM1006 Spa Therap

##### 1 credits in one or more of the following:

COSM1204 Salon Practicum Hair Technician (1 credit) cosmetology students need a total of 2 credits in this course (one in fall, one in spring)

#### 1st Summer Term (6 credits)

##### Courses

No specific courses set for this term.

##### 6 credits in one or more of the following:

COSM1200 Salon Practicum Cosmetology (1-18 credits) these credits can be comprised of any combination of the following non repeatable courses: COSM2800 Alexandria Body Sugar (1 credit) COSM1304 Hair Extension Techniques (1 credit) COSM1006 Spa Therap

## 2nd Fall Term (12 credits)

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### Courses

Course	Credits
COSM1003 - License Preparation Cosmetology .....	1

### **11 credits in one or more of the following:**

COSM1200 Salon Practicum Cosmetology (1-18 credits) these credits can be comprised of any combination of the following non repeatable courses:  
COSM2800 Alexandria Body Sugar (1 credit) COSM1304 Hair Extension Techniques (1 credit) COSM1006 Spa Therap

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