

## PSYC1201 - Introduction to Mental Health Behavioral Aide

Credits:	4 (4/0/0)
Description:	This course will provide students with the knowledge and resources to enter practice as a Mental Health Behavioral Aide II. Students will achieve entry-level competencies in providing therapeutic and rehabilitative care for children and adolescents with emotional disturbances. This course is not an MnTC Goal Area 5 course and may not be used as a replacement for a Goal Area 5 course. This course is designed for students enrolled in the Mental Health Behavioral Aide II certificate program.
Prerequisites:	
Corequisites:	
Pre/Corequisites*:	
Competencies:	<ol> <li>Identify and understand the purpose of pharmacological interventions in children with mental illnesses.</li> <li>Identify and understand the purpose of treatment interventions in children with mental illnesses.</li> <li>Describe basic data practices and privacy issues as they relate to children with mental illnesses.</li> <li>Review therapeutic communication techniques for children with mental illnesses.</li> <li>Identify personal biases related to children and families with mental illnesses.</li> <li>Demonstrate increased self-awareness in working with children with mental illnesses.</li> <li>Demonstrate knowledge of suicidal ideation and prevention in children with mental illnesses.</li> <li>Demonstrate an understanding of the aide's impact in working with a child in his or her home.</li> <li>Demonstrate knowledge of skill-building in peer-to-peer and parent-child interactions.</li> <li>Review techniques for performing as a practice partner or role-play partner.</li> <li>Review strategies for redirecting and de-escalating at-risk behavior.</li> <li>Identify and define causes of behavior.</li> </ol>
MnTC goal areas:	None

<sup>\*</sup>Can be taking as a Prerequisite or Corequisite.