

# PNSG1509 - Foundations of Adult Nursing Care I

Credits:	6 (4/2/0)
Description:	<p>This course introduces concepts of teamwork and collaboration, safety, quality improvement, professional identity and behavior, patient-centered and relationship-centered care, nursing judgment, evidence-based practice, managing care of the individual patient, informatics and technology. An introduction to the nursing process provides a beginning framework for decision making related to common health problems of adults and older adults. Principles of pathophysiology, nutrition and pharmacology are applied to basic health care concepts. A lab component includes focused assessments and basic nursing skills that support course concepts.</p>
Prerequisites:	<ul style="list-style-type: none"> <li>• Acceptance into the Practical Nursing Program</li> <li>• Acceptance into the Practical Nursing Program AND experience as a nursing assistant as guided by the PN application packet AND current American Heart Association Basic Life Support AND current, clear Minnesota Department of Health criminal background check</li> <li>• Current American Heart Association Basic Life Support</li> <li>• Current, clear Minnesota Department of Health criminal background check</li> <li>• Experience as a nursing assistant as guided by the PN application packet</li> </ul>
Corequisites:	
Pre/Corequisites*:	

<p>Competencies:</p>	<ol style="list-style-type: none"> <li>1. Describe personal integrity, professional boundaries and behaviors related to established codes of ethics, nurse practice acts and legal frameworks.</li> <li>2. Explain how therapeutic communication skills facilitate the nursing process in the provision of culturally sensitive patient care for the adult.</li> <li>3. Identify effective communication skills when working with interprofessional teams, documenting care and reporting to appropriate team members.</li> <li>4. Select appropriate technology applications to access reliable evidence-based resources, reduce reliance on memory and enhance competency within the practice setting.</li> <li>5. Explain the components of the nursing process and how evidence-based practice is incorporated.</li> <li>6. Define the role of the practical nurse in the nursing process.</li> <li>7. Identify how the nursing process supports patient-centered and relationship-centered care.</li> <li>8. Provide examples of health care information that reinforce established teaching plans.</li> <li>9. Describe legal and ethical principles that support safe medication administration.</li> <li>10. Demonstrate principles of safe medication administration.</li> <li>11. Apply knowledge of pharmacology to the care of adult patients with common health problems.</li> <li>12. Apply knowledge of pathophysiology to the care of adult patients with common health problems.</li> <li>13. Apply knowledge of nutrition to the care of adult patients with common health problems.</li> <li>14. Choose evidenced-based interventions within an established plan of care that address potential or actual complications experienced by the adult patient with common health problems.</li> <li>15. Summarize the importance of nutrition to facilitate healthy aging.</li> <li>16. Summarize the importance of health promotion and maintenance to facilitate healthy aging.</li> <li>17. Demonstrate basic evidence-based nursing skills using proper techniques and measures to ensure safety for the patient and nurse.</li> <li>18. Perform focused assessment using proper techniques and measures that ensure patient safety.</li> <li>19. Identify assessment findings that are related to the normal aging process.</li> <li>20. Accurately document the provision and outcomes of patient care in the lab setting.</li> </ol>
<p>MnTC goal areas:</p>	<p>None</p>

*\*Can be taking as a Prerequisite or Corequisite.*