PNSG1509 - Foundations of Adult Nursing Care I

Credits:	6 (4/2/0)
Description:	This course introduces concepts of teamwork and collaboration, safety, quality improvement, professional identity and behavior, patient-centered and relationship-centered care, nursing judgment, evidence-based practice, managing care of the individual patient, informatics and technology. An introduction to the nursing process provides a beginning framework for decision making related to common health problems of adults and older adults. Principles of pathophysiology, nutrition and pharmacology are applied to basic health care concepts. A lab component includes focused assessments and basic nursing skills that support course concepts.
Prerequisites:	• Acceptance into the Practical Nursing Program • Acceptance into the Practical Nursing Program AND experience as a nursing assistant as guided by the PN application packet AND current American Heart Association Basic Life Support AND current, clear Minnesota Department of Health criminal background chec • Current American Heart Association Basic Life Support • Current, clear Minnesota Department of Health criminal background check • Experience as a nursing assistant as guided by the PN application packet
Corequisites:	
Pre/Corequisites*:	

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Competencies:	1. Describe personal integrity, professional boundaries and behaviors related to established codes of ethics, nurse practice acts and legal frameworks. 2. Explain how therapeutic communication skills facilitate the nursing process in the provision of culturally sensitive patient care for the adult. 3. Identify effective communication skills when working with interprofessional teams, documenting care and reporting to appropriate team members. 4. Select appropriate technology applications to access reliable evidence-based resources, reduce reliance on memory and enhance competency within the practice setting. 5. Explain the components of the nursing process and how evidence-based practice is incorporated. 6. Define the role of the practical nurse in the nursing process. 7. Identify how the nursing process supports patient-centered and relationship-centered care. 8. Provide examples of health care information that reinforce established teaching plans. 9. Describe legal and ethical principles that support safe medication administration. 10. Demonstrate principles of safe medication administration. 11. Apply knowledge of pharmacology to the care of adult patients with common health problems. 12. Apply knowledge of pathophysiology to the care of adult patients with common health problems. 13. Apply knowledge of nutrition to the care of adult patients with common health problems. 14. Choose evidenced-based interventions within an established plan of care that address potential or actual complications experienced by the adult patient with common health problems. 15. Summarize the importance of nutrition to facilitate healthy aging. 16. Summarize the importance of health promotion and maintenance to facilitate healthy aging. 17. Demonstrate basic evidence-based nursing skills using proper techniques and measures to ensure safety for the patient and nurse. 18. Perform focused assessment using proper techniques and measures that ensure patient safety. 19. Identify assessment findings that are related to the normal aging process. 20. Accurately document the provision and outcomes of patient care in the lab setting.
MnTC goal areas:	None

[*] *Can be taking as a Prerequisite or Corequisite.*

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