

## PE2114 - Applied Coaching: Volleyball

Credits:	1 (1/0/0)
Description:	This course provides students with the knowledge to teach the fundamentals of volleyball. Emphasis will be on rules, technique, strategy, game plan and practice planning. Other topics will include safety and proper equipment usage.
Prerequisites:	
Corequisites:	
Pre/Corequisites*:	
Competencies:	<ol style="list-style-type: none"> <li>1. Demonstrate effective communication, teaching and time management skills.</li> <li>2. Demonstrate a knowledge of the rules of volleyball.</li> <li>3. Display effective organizational skills.</li> <li>4. Identify the proper equipment needs and techniques to mitigate the risk of injury.</li> <li>5. Develop a series of sample practice plans.</li> <li>6. Discuss various strategies utilized during competition.</li> </ol>
MnTC goal areas:	None

\*Can be taking as a Prerequisite or Corequisite.