

## PDEV1100 - College Success Seminar

Credits:	2 (2/0/0)
Description:	This course is designed to help first-year M State students successfully transition into college life. Topics include, but are not limited to, accessing college resources, understanding college guidelines, expectations and demands of being a college student, and community awareness. The class also will cover money management, proper nutrition and stress management. Students will participate in on-campus activities and community tours, and be exposed to expert guest speakers from the college and community. Students will set goals, examine learning styles and put in place a strategy for collegiate success.
Prerequisites:	
Corequisites:	
Pre/Corequisites*:	
Competencies:	<ol style="list-style-type: none"> <li>1. Investigate the demands, expectations and challenges of being a college student.</li> <li>2. Develop strategies to improve time management skills.</li> <li>3. Develop strategies to effectively manage money.</li> <li>4. Demonstrate knowledge of a nutritious diet.</li> <li>5. Demonstrate the ability to set personal and academic goals that can be measured throughout the year.</li> <li>6. Develop knowledge of numerous learning styles and determine which learning styles are most suitable to aid in their own success.</li> </ol>
MnTC goal areas:	None

\*Can be taking as a Prerequisite or Corequisite.