ESTH1903 - Advanced Exfoliation

Credits:	3 (3/0/0)
Description:	This course will provide practical knowledge and practice of exfoliation using advanced chemicals and devices, including but not limited to BHA chemical peels, AHA chemical peels, TCA chemical peels, crystal and diamond microdermabrasion, hydro dermabrasion and dermaplaning. Students will learn to recognize and treat skin conditions, conduct advanced consultations, and perform client charting and health screening. Students will understand wound healing as it relates to advanced esthetics and proper pre- and post-surgical at-home care. This class will cover training in advanced product chemistry and ingredients.
Prerequisites:	
Corequisites:	
Pre/Corequisites*:	
Competencies:	1. Perform a client consultation using a questionnaire, release form and client chart. 2. Differentiate between an alpha hydroxy peel and a beta hydroxy peel. 3. Demonstrate how to perform manual and machine microdermabrasion. 4. Explain the difference between manual and chemical exfoliation. 5. Discuss the different types of microdermabrasion devices. 6. Explain wound healing with specific examples of pre- and post-op skin care treatments. 7. Discuss and define medical terminology. 8. Explain the scope of practice for AP esthetician. 9. Identify different skin conditions and medications used to treat them, as well as the effects these medications have on the skin. 10. Identify the endocrine gland, hormone productions and hormonal disorders that affect the skin. 11. Recognize chemical reactions and their importance to estheticians. 12. Discuss wound healing and aftercare. 13. Recognize skin disorders that should be referred to a medical physician. 14. Identify indications and contraindications for each advanced modality. 15. Establish and use safety guidelines for estheticians. 16. Describe dermaplaning and its use.
MnTC goal areas:	None

Can be taking as a Prerequisite or Corequisite.

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