

ESTH1201 - Salon Practicum AP Esthetician

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| Credits: | 1 - 12 |
| Description: | In this course, students will work in a licensed school salon to meet requirements stipulated by the State Board of Cosmetology. The course includes instruction in applied science and skills in skin analysis, client consultation, dermaplaning or a machine exfoliation service, chemical peels (alpha hydroxy acids, beta hydroxy acids, trichloroacetic acids and blended acid peels), electrical energy services (direct current, indirect current, sound energy and light energy), advanced facial treatments using lymphatic drainage and advanced extractions, skin needling, and infection control and safety procedures. Each student is required to complete a specific minimum number of clinical exercises as well as a minimum number of clinical hours to fulfill requirements set by the State Board of Cosmetology. |
| Prerequisites: | <ul style="list-style-type: none"> • Cosmetology Diploma or MN license Esthetician Certificate or MN license |
| Corequisites: | |
| Pre/Corequisites*: | |
| Competencies: | <ol style="list-style-type: none"> 1. Assess client needs to conduct a successful client consultation. 2. Apply Minnesota laws and rules to everyday practice. 3. Execute proper sanitation and disinfection practices, including the use of personal protective equipment. 4. Perform skin analysis to determine contraindications prior to performing advanced skin services. 5. Demonstrate the appropriate draping for desired advanced skin services. 6. Demonstrate the appropriate workstation setup for desired advanced skin services. 7. Perform advanced exfoliation using a chemical peel treatment to treat the epidermis. 8. Perform advanced exfoliations using machines or devices, including dermaplane, crystal or diamond microdermabrasion or hydradermabrasion. 9. Demonstrate advanced skin care techniques using energy treatments, including high frequency, galvanic current, microcurrent, radiofrequency and ultrasound. 10. Execute advanced skin care techniques incorporating lymphatic drainage massage into the facials. 11. Perform skin needling services using an approved skin needling device and single use cartridges. 12. Execute safe and effective advanced extractions on models following proper safety protocol. |
| MnTC goal areas: | None |

*Can be taking as a Prerequisite or Corequisite.