ESTH1001 - Advanced Exfoliation

Credits:	2 (2/0/0)
Description:	This course provides practical knowledge and practice of exfoliation using advanced chemicals and devices, including but not limited to beta-hydroxy acid chemical peels, alpha-hydroxy acid chemical peels, trichloroacetic acid chemical peels, crystal and diamond microdermabrasion, hydrodermabrasion and dermaplaning. Students learn to recognize and treat skin conditions, conduct advanced consultations, and perform client charting and health screening. Students understand wound healing as it relates to advanced esthetics and proper pre- and post-surgical at-home care. This class covers training in advanced product chemistry and ingredients.
Prerequisites:	
Corequisites:	
Pre/Corequisites*:	
Competencies:	1. Perform a client consultation using a questionnaire, release form and client chart. 2. Differentiate between an alpha-hydroxy peel and a beta-hydroxy peel. 3. Demonstrate how to perform manual and machine microdermabrasion. 4. Explain the difference between manual and chemical exfoliation. 5. Demonstrate knowledge of the different microdermabrasion devices. 6. Demonstrate knowledge of medical terminology. 7. Identify different skin conditions and medications used to treat them, as well as the effects these medications have on the skin. 8. Recognize chemical reactions and their importance to estheticians. 9. Discuss wound healing and aftercare. 10. Recognize skin disorders that should be referred to a medical physician. 11. Identify indications and contraindications for each advanced modality. 12. Establish and use safety guidelines for estheticians. 13. Demonstrate knowledge of dermaplaning services.
MnTC goal areas:	None

**Can be taking as a Prerequisite or Corequisite.*

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