

## COSM2800 - Alexandria Body Sugaring

Credits:	1 (1/0/0)
Description:	In this course, students learn how to remove hair using the Alexandria Professional Body Sugaring advanced system. The course includes theory and thorough knowledge of the correct techniques employed in the practice of body sugaring.
Prerequisites:	
Corequisites:	
Pre/Corequisites*:	
Competencies:	<ol style="list-style-type: none"><li>1. Outline safety guidelines and precautions for services.</li><li>2. Observe proper steps in performing sugaring services.</li><li>3. Discuss various types of hair removal services, their benefits and their myths.</li><li>4. Perform a proper skin and hair analysis.</li><li>5. Determine the different diameters of the natural hair strand and classify as fine, medium or coarse.</li><li>6. Determine the different densities of natural hair and classify as thin, medium or thick.</li><li>7. Identify contraindications for sugaring treatments.</li><li>8. Identify the composition of the skin and layers of the skin.</li><li>9. Identify the composition of the hair, the structures of the hair follicle, the layers of the hair and the three growth cycles.</li><li>10. Discuss sugaring products and their uses.</li></ol>
MnTC goal areas:	None

*\*Can be taking as a Prerequisite or Corequisite.*