COSM2200 - Manicuring and Pedicuring Services

Credits:	1 (1/0/0)
Description:	This course teaches students the essential skills and knowledge needed to provide professional nail care services. In this course, students learn various manicure and pedicure methods, including basic and spa, focusing on proper trimming and shaping of nails, skin care, massage and polishing techniques.
Prerequisites:	
Corequisites:	
Pre/Corequisites*:	
Competencies:	1. Identify the four types of tools required to perform manicure and pedicure services and the proper decontamination practices required to remain compliant with the Minnesota Board of Cosmetology. 2. Outline safety guidelines and precautions for nail care services. 3. Explain how to conduct a thorough nail care service client consultation. 4. Observe proper steps in performing basic manicure and pedicure services. 5. Demonstrate the basic massage movements performed during nail care services. 6. Discuss various types of manicure and pedicure services and their benefits. 7. Demonstrate knowledge of bone and muscle structures of the arm, hand, leg and foot.
MnTC goal areas:	None

**Can be taking as a Prerequisite or Corequisite.*

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