

## COSM1159 - Facials and Hair Removal

Credits:	1 (1/0/0)
Description:	In this course, students learn professional skin care treatments that improve the skin's condition and appearance. Students learn how to analyze the skin to best determine proper protocols for individual needs. Students also gain an understanding of the different types of services and materials used to remove unwanted hair.
Prerequisites:	
Corequisites:	
Pre/Corequisites*:	
Competencies:	<ol style="list-style-type: none"> <li>1. Outline safety guidelines and precautions for skin care services.</li> <li>2. Explain how to conduct a thorough skin care service client consultation.</li> <li>3. Observe proper steps in performing facial services.</li> <li>4. Observe proper steps in performing hair removal services.</li> <li>5. Identify the four types of tools required to perform skin care services and the proper decontamination practices required to remain compliant with the Minnesota Board of Cosmetology.</li> <li>6. Demonstrate the basic massage movements performed during skin care services.</li> <li>7. Demonstrate knowledge of the bone structure and muscles of the face.</li> <li>8. Discuss various types of skin care services and their benefits.</li> <li>9. Identify skin types, conditions and contraindications for facial and hair removal treatments.</li> <li>10. Perform a proper skin analysis.</li> <li>11. Determine appropriate products for different skin types and conditions.</li> <li>12. Identify the structure and growth cycles of hair.</li> <li>13. Describe the various types of wax and appropriate applications based on body area and hair type.</li> </ol>
MnTC goal areas:	None

\*Can be taking as a Prerequisite or Corequisite.