

## COSM1006 - Spa Therapies

Credits:	1 (1/0/0)
Description:	This course teaches students how to perform advanced spa services, body treatments and alternative therapy services in accordance with the scope of practice of cosmetology and esthiology.
Prerequisites:	
Corequisites:	
Pre/Corequisites*:	
Competencies:	<ol style="list-style-type: none"><li>1. Outline safety guidelines and precautions for spa therapy services.</li><li>2. Explain how to conduct a thorough spa therapy client consultation.</li><li>3. Observe proper steps in performing spa therapy services.</li><li>4. Identify the four types of tools required to perform spa therapy services and the proper decontamination practices required to remain compliant with the Minnesota Board of Cosmetology.</li><li>5. Demonstrate proper draping techniques during spa therapy services.</li><li>6. Demonstrate the basic massage movements performed during spa therapy services.</li><li>7. Discuss various types of spa therapy services and their benefits.</li></ol>
MnTC goal areas:	None

*\*Can be taking as a Prerequisite or Corequisite.*