

COSM1006 - Spa Therapies

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| Credits: | 1 (1/0/0) |
| Description: | This course teaches students how to perform advanced spa services, body treatments and alternative therapy services in accordance with the scope of practice of cosmetology and esthiology. |
| Prerequisites: | |
| Corequisites: | |
| Pre/Corequisites*: | |
| Competencies: | <ol style="list-style-type: none"> 1. Outline safety guidelines and precautions for spa therapy services. 2. Explain how to conduct a thorough spa therapy client consultation. 3. Observe proper steps in performing spa therapy services. 4. Identify the four types of tools required to perform spa therapy services and the proper decontamination practices required to remain compliant with the Minnesota Board of Cosmetology. 5. Demonstrate proper draping techniques during spa therapy services. 6. Demonstrate the basic massage movements performed during spa therapy services. 7. Discuss various types of spa therapy services and their benefits. |
| MnTC goal areas: | None |

*Can be taking as a Prerequisite or Corequisite.