

## COSM1000 - Principles and Practices

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| Credits:           | 3 (3/0/0)  |
| Description:       | This course is intended for manicurists, estheticians and some transfer students. In a condensed form, this course will include the topics of chemistry, electricity, salon business, professional image, anatomy and infection control.   |
| Prerequisites:     | • none   |
| Corequisites:      |  |
| Pre/Corequisites*: |  |
| Competencies:      | <ol style="list-style-type: none"><li>1. Demonstrate an understanding of ergonomic principles and ergonomically correct postures and movements.</li><li>2. Discuss Universal Precautions and your responsibilities as a salon professional.</li><li>3. Name the ten main body systems and explain their basic functions.</li><li>4. Explain the difference between organic and inorganic chemistry.</li><li>5. Understand the principles of electrical equipment safety.</li><li>6. Explain the importance of keeping accurate business records.</li><li>7. Describe how to safely clean and disinfect salon tools and equipment.</li><li>8. Name and describe the types of ownership under which a salon may operate.</li><li>9. Explain pH and the pH scale.</li></ol> |
| MnTC goal areas:   | None   |

*\*Can be taking as a Prerequisite or Corequisite.*