

# COMM1140 - Interpersonal Communication

Credits:	3 (3/0/0)
Description:	Meets MnTC Goal Area 1. This course will focus on improving students' abilities to communicate effectively in one-to-one dyadic encounters by providing experience-based instruction. Extensive in-class and out-of-class analyses allow the student to examine his/her own and others' informal social interactions. The long-term goal is for the student to apply interpersonal communication theories to daily interactions and draw his/her own conclusions about the effectiveness of interpersonal communication.
Prerequisites:	<ul style="list-style-type: none"> <li>• Assessment into ENGL 1101</li> </ul>
Corequisites:	
Pre/Corequisites*:	
Competencies:	<ol style="list-style-type: none"> <li>1. Define the interpersonal communication process and its various components.</li> <li>2. Identify the differences between various types of interpersonal relationships.</li> <li>3. Reflect on the concept of "self" and the role communication plays in creating self concepts.</li> <li>4. Describe how the subjective nature of perception influences interpersonal relationships.</li> <li>5. Analyze the role of verbal and nonverbal behavior in interpersonal communication.</li> <li>6. Employ listening strategies designed to enhance interpersonal relationships.</li> <li>7. Recognize how emotions and the expression of them affect interpersonal relationships.</li> <li>8. Demonstrate an understanding of healthy and unhealthy interpersonal conflict resolution.</li> <li>9. Apply communication strategies to create healthy interpersonal climates.</li> <li>10. Locate, review and synthesize interpersonal communication theories in the analysis of real-life relationships.</li> </ol>
MnTC goal areas:	1. Communication

\*Can be taking as a Prerequisite or Corequisite.