INDEPENDENT STUDY REFRESHER COURSE

for

REGISTERED NURSES (Minnesota & North Dakota)

1900 28th Ave. So.
Moorhead, MN 56560
GENERAL COURSE INFORMATION

CONTACT HOURS EARNED
200 FOR MN RN REFRESHER STUDENTS
240 FOR ND RN REFRESHER STUDENTS

COURSE FEE
$995 - Includes a medical-surgical book, a procedure skills book, shipping & handling, a 4-hour skills lab (lab supply fee of $129 is extra and due at a later date), initial criminal background study fee (an additional $9.10 to complete the study is the student's responsibility), and liability insurance.

Payable by cash, check or credit card.

Send payment with application form and books will be sent to your home via UPS, along with instructions on how to gain access to the online version of the course.

NURSE’S LIABILITY INSURANCE
Nurse’s liability insurance is included in the above fee; however, if not acceptable by your chosen clinical site you will need to purchase a separate policy. A separate insurance policy could cost approximately $108 for a year’s coverage. This is required prior to beginning your clinical experience. Coverage must be for $2,000,000 per occurrence/$6,000,000 per aggregate.

For more course information or Information on how to register, call:

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www.minnesota.edu/wds
A. Course Title
Independent Study Refresher Course for Registered Nurses

B. Course Description
The purpose of this course is to provide an opportunity for exposure to current nursing theory and practice as it relates to the role of the registered nurse as a member of today's health care system. This course will also enhance preparation of the nurse for the orientation program of an employing agency.

C. Total Course Hours
Theory - A minimum of 120 hours will be spent completing the theory component of the course.

Lab - The student is strongly encouraged to attend a 4-hour skills lab prior to beginning clinical. This lab is held once per month on the Moorhead campus of Minnesota State Community and Technical College. Refresher nurses are required to attend one of these lab sessions if they have a Board of Nursing Order or Stipulation, or if their clinical for the course will not be in a skilled nursing home or on a medical/surgical hospital unit.

Clinical - A minimum of 120 hours of supervised clinical will be required to be completed in a ND clinical facility, or a minimum of 80 hours of supervised clinical will be required for those re-registering in MN and completing the clinical in MN.

At least two-thirds of the total clinical practice time in ND must be consistent with the definition of “Nursing” NDCC 43-12.1-02(5). “Nursing” means the performance of acts utilizing specialized knowledge, skills, and abilities for people in a variety of settings.

Students must secure the facility for the clinical rotation in their home community.

* It is recommended students complete the entire course within 12 months. If deemed necessary, arrangements can be made to extend the completion date on an individual basis with prior approval from the course coordinator. An additional fee of $250 will be required for a 3-month extension.

D. Overall Course Objectives
At the conclusion of this course, the nurse will be able to:

1. Identify the professional roles, responsibilities, and clinical judgment required in current nursing practice.

2. Identify and describe ethical, legal, and professional issues in health care.

3. Use effective communication strategies in nursing care delivery, (i.e., documentation, care planning, reporting).

4. Discuss the various methods of nursing care delivery and the role of the nurse and assistant to the nurse.

5. Describe the characteristics of the current health care delivery systems that impact safety, quality, and outcomes for patients.

6. Demonstrate knowledge and safe appropriate medication and treatment administration.
7. Apply the nursing process in planning and providing care for patients with selected medical/surgical conditions.

8. Discuss current nursing and clinical concepts utilized in the following areas:
   a. Basic Concepts in Nursing
   b. Biophysical and Psychological Concepts in Nursing Practice
   c. Nursing Concepts and Challenges in Clinical Practice
   d. Concepts in Clinical Practice and Related Skills

E. Instructional Methods
   1. Course orientation (via phone or in person, if needed)
   2. Periodic conferences, as needed
   3. Independent Learning Guide (online or hard copy)
   4. Clinical skills lab (offered once per month on the Moorhead campus)
   5. Clinical experience (secured and arranged by the student in a healthcare facility in the refresher student's home community/area of residence)

F. Evaluation Methods
   1. Mid-term and final exam each with a 76% or higher passing grade. The mid-term exam will be a take-home exam. The final exam will be monitored by a proctor identified by the refresher student. If a score of less than 76% is received on the final exam, the student will be allowed one retake with a different examination.
   2. Clinical student evaluation completed by RN preceptor
   3. Written or online assignments in the Independent Learning Guide (satisfactory/unsatisfactory)
   4. Comprehensive Care Plan completed on one client co-assigned to during clinical (satisfactory/unsatisfactory)
   5. Skills checklist signed by both the RN preceptor and student
   6. Final Student Evaluation completed by course coordinator
   7. Course evaluation completed by student

G. Theoretical and Clinical Components

Theoretical Components
After the nurse refresher student has enrolled and received the course materials, instructions will be given on how to complete the Independent Learning Guide, either in person or via the phone, if necessary. Areas covered at this time are course objectives, course requirements and assignments. Arrangements can be made for the course to be started and completed entirely via the mail or online. Students are instructed to contact the course coordinator at any time should they need assistance or have questions regarding their independent study. The independent learning guide will take a minimum of 120 hours to complete.

Students must complete Sections I-4 of the learning guide and a mid-term exam prior to beginning their clinical experience.

Clinical Laboratory Components
It is the responsibility of the nurse refresher course student to secure the clinical placement site in a healthcare facility (hospital or nursing home) in his/her home community.

The nurse refresher student is strongly encouraged to participate in a 4-hour skills lab on the Moorhead campus of Minnesota State Community and Technical College. During this lab session, the student will observe skill demonstrations, with time given to practice the nursing skills. Refresher students are required to attend one of these lab sessions if they have a Board of Nursing Order or Stipulation, or if their clinical for the course, for some
reason, will not be in a skilled nursing home or on a medical/surgical hospital unit.

A background study will also need to be initiated prior to starting clinical. A form is mailed to the student upon course enrollment to gather data to begin this process.

Students are required to submit proof of negative TB result (Mantoux) taken within 6 months of their clinical start date, or a negative chest x-ray taken within the last year. Some facilities require a 2-step Mantoux. Proof of immunity for varicella (chickenpox) and measles, mumps and rubella (MMR) may need to be submitted to the course coordinator. Additional immunization records may also be requested by the healthcare facility to be on file.

While in the clinical area, the refresher course student will be co-assigned with a currently licensed registered nurse on staff at the healthcare facility. This registered nurse will act as his/her preceptor and will supervise the clinical experience of the refresher course student. The preceptor must be approved by the clinical facility to act as a preceptor in a one-on-one nursing practice experience. The preceptor will have two years of current clinical practice experience. The registered nurse preceptor(s) may delegate portions of the learning experience as appropriate.

A minimum of 120 hours (ND) and 80 hours (MN) will be spent in the clinical area of the acute or long-term care setting. At least two-thirds of the clinical must include direct client care experiences. Medical-surgical nursing will be the emphasis for the acute care clinical experience. A student evaluation form will be completed by the registered nurse preceptor evaluating the care given by the refresher course student. This form will be reviewed by the student and signed. The student will return the form to the course coordinator at Minnesota State Community and Technical College, along with verification the required hours of clinical were completed.

The refresher course student must carry professional nurse’s liability insurance. Enrolled refresher course students are covered under our college’s student liability insurance plan.

Students receiving their clinical in a MN facility will obtain a work permit from the MN Board of Nursing prior to beginning clinical.

A clinical agreement will need to be signed by the college and clinical facility personnel prior to the start of the clinical experience.

H. Textbook
The main textbooks for the course are:
